



# International Webinar



on

## Covid-19 Pandemic: Lifestyle and Nutrition Issues

Organised by  
Library Committee & NSS Unit

**Asannagar Madan Mohan Tarkalankar College**

NAAC Accredited 1st Cycle Grade B

Asannagar, Nadia-741161, West Bengal, India

(Affiliated to University of Kalyani)



**28<sup>th</sup>**  
July,  
2020 **5:00 PM**



### Chief Guest

Professor (Dr.) Sankar Kumar Ghosh  
Vice-Chancellor  
University of Kalyani, West Bengal



### Patron

Dr. Asok Kumar Das  
Principal  
Asannagar M.M.T. College



### Chief Patron

Sri Bimalendu Sinha Roy  
President, Governing Body  
Asannagar M.M.T. College



### Convenor

Dr. Chirantan Sarkar  
Asst. Prof., Dept. of English  
Asannagar M.M.T. College



### Jt. Convenor

Sri Nilendu Biswas  
Asst. Prof. & Head, Dept. of History  
Asannagar M.M.T. College



### Organising Secretary

Mrs Arpita Nath  
Librarian  
Asannagar M.M.T. College



### Moderator

Mrs Tanima Banik  
Asst. Prof. & Head, Dept. of Pol. Science  
Asannagar M.M.T. College

## Dr. Asim K. Duttaroy

Professor, Department of Nutrition,  
Institute for Basic Medical Sciences, Faculty of Medicine,  
University of Oslo, Norway

**TOPIC:** Immunity against COVID-19: Roles of Nutrition  
and Life style



## Dr. Subhashis Sahu

Associate Professor and Head, Dept. of Physiology,  
University of Kalyani, Nadia, West Bengal, India

**TOPIC:** Ergonomic Issues in Working from Home during  
COVID-19 Pandemic



## Schedule

5:00 pm-5:10 pm	Welcome Address: Dr. Asok Kumar Das (Patron), Principal, Asannagar M.M.T. College
5:10 pm-5:15 pm	Inaugural Speech: Prof. (Dr.) Sankar Kumar Ghosh, Hon'ble Vice-Chancellor, University of Kalyani
5:15 pm-5:20 pm	Recitation: Miss Nilanjana Chakraborty, SACT, Dept. of English, Asannagar M.M.T. College
5:20 pm-5:25 pm	Foreword: Mrs Arpita Nath (Organising Secretary), Librarian, Asannagar M.M.T. College
5:25 pm-5:30 pm	Introducing the Speakers: Dr. Chirantan Sarkar (Convenor), Asst. Prof., Dept. of English, Asannagar M.M.T. College
<b>Lecture-1:</b> 5:30 pm-6:15 pm	Dr. Asim K. Duttaroy, Professor, Department of Nutrition, Institute for Basic Medical Sciences, Faculty of Medicine, University of Oslo, Norway
6:15 pm-6:25 pm	Interactive Session
<b>Lecture-2:</b> 6:25 pm-7:10 pm	Dr. Subhashis Sahu, Associate Professor and Head, Dept. of Physiology, University of Kalyani, India
7:10 pm-7:20 pm	Interactive Session
7:20 pm-7:25 pm	Thanksgiving: Sri Nilendu Biswas (Jt. Convenor), Asst. Prof. & Head, Dept. of History, Asannagar M.M.T. College

- ❖ Feedback form will be shared towards the end of the webinar
- ❖ E-certificate will be mailed to active participants **within 10 days**
- ❖ **We will send e-certificate only to those participants who will access Google Meet**



**Contact us:**

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Email id: library@ammtcollege.ac.in

**Technical Assistance:** Dr. Mahaprasad Ghosh, Asst. Prof. & HOD, Physical Education, AMMT College



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