



Report of

SEVEN DAY

NSS SPECIAL CAMPING PROGRAMME 2022-23

Date: March 18- 24, 2023

Under the theme:

ENVIRONMENT AND DEVELOPMENT

Submitted to:

NATIONAL SERVICE SCHEME

Ministry of Youth Affairs and Sports, Government of India

Organized by

ASANNAGAR MADAN MOHAN TARKALANKAR COLLEGE

ASANNAGAR, NADIA

Under the

UNIVERSITY OF KALYANI

KALYANI, NADIA

Seven-day NSS Special Camping Programme was held at Khulnapara Primary School, Asannagar, Nadia, W.B. from March 18-24, 2023. More than 100 volunteers registered but 50 volunteers were selected for this camp with full cooperation and participated enthusiastically in the camp under the able supervision of Dr. Mahaprasad Ghosh Programme Officer of NSS Unit under the guidance of Dr. Asok Kumar Das, Principal, Asannagar MMT College, Nadia. The single NSS Unit was acting actively in our College. The main objective of the camp was to evolve the volunteers as a human and as an agent of social change. Its thrust was on activities and lectures that help the volunteers work for the community, in and with the community. Multifarious interactive sessions, workshops, demonstrations and lectures were held for volunteers about certain social, physical, psychological and political phenomena. Each day began with various interactive sessions, guest lectures as well as fieldwork. NSS was established with a vision of personality development of students through community service as well as development of rural areas in India. NSS has been introduced in colleges to establish a sense of social responsibility amongst students and inculcate values of self-discipline and selfless dedication towards community development. NSS works mainly on the principle of NOT ME BUT YOU. The candidates who are involved in its activities work together with the people of the society for the benefit of the society, environmental protection, health and cleanliness, to help the people suffering at the time of emergency or natural calamity. National Service Scheme (NSS) is an Indian government sponsored programme under the Department of Youth Affairs and Sports, Government of India, which has been initiated primarily to inculcate the spirit of participation in nation building through social work among the students.

Day- 1 (18.03.2023):

The Special Camp was inaugurated by Dr. Asok Kumar Das, Principal, Asannagar MMT College, Asannagar, Nadia, W.B. Then, the dignitaries present proceeded with lighting of lamp. It was followed by introduction of the chief guests and their felicitation. Inauguration programme started with welcoming of chief guests. Dr Das congratulated the NSS Unit and encouraged the volunteers to continue the efforts in future. Her words helped to sensitize the volunteers regarding camp and gave several tips about NSS. He shared her personal experiences. Dr Das concluded her speech and boosted the spirits of the volunteers. Our next programme is a Seminar on “Karma Yoga & Bhakti Yoga of Swami Vivekananda” speaker Swami Shyamasundarananda, Sarisha RKM Sikshamandir (HS). He discussed all the aspects of Karma Yoga & Bhakti Yoga of Swami Vivekananda. After the inaugural ceremony, we visited our Camp side, Khulnapara Primary School, Asannagar, Nadia, with all the essential commodities for the Camp. After reaching the camp side assemble all the volunteers and divide them into five groups: Group-A is Sister Nivedita, Group-B is Swami Vivekananda, Group-C is Rishi Aurobindo, Group-D is Netaji

Subhas, Group-E is Mother Teresa. Each group consisted of 10 volunteers, one of them was a group captain and another two senior volunteers were Captain, Anushka Nandi and Vice-captain, Rakesh Biswas. After the distribution of the groups, all the volunteers assembled with their respective groups. Every day our camp started at 10:00 am with hoisting of the flag of NSS by the Head Master of this Primary School and the chanting of the National Anthem. Closing time of Camp by 4:30 pm. The first day activity of the volunteers was cleaning the Camp side including classrooms as well as the surrounding place of the Primary School. While picking up the waste itself segregation was done into 3 types namely- glass products, plastic, and biodegradable wastes. All the responsibilities of the Camp on each day were given to a group, this was a rotational process. After completing the lunch, the Programme Officer assembled all the volunteers in a classroom for brief ideas of NSS Camp and to discuss the programme for the remaining days of NSS Special Camp. Also gave ideas about the cultural competition of the validity function of the special camp.

Day- 2 (19.03.2023):

The 2nd day of NSS camp started with parade being done by our volunteers at 10 AM, and this activity was followed daily throughout the Special Camp. The next program of day 2 was a free eye screening camp conducted by Suvendu Memorial Eye Hospital, Gobrapota, Nadia. The camp was a screening camp for cataracts and refractive errors.

Patients Examination: Total 50 patients who were registered at registration desk were examined for eye diseases.

Surgeries: A total of 15 patients were diagnosed for cataracts that were referred to Suvendu Memorial Eye Hospital, Gobrapota, Nadia.

Medicines: Total 22 patients were prescribed medicines which were provided in separate room.

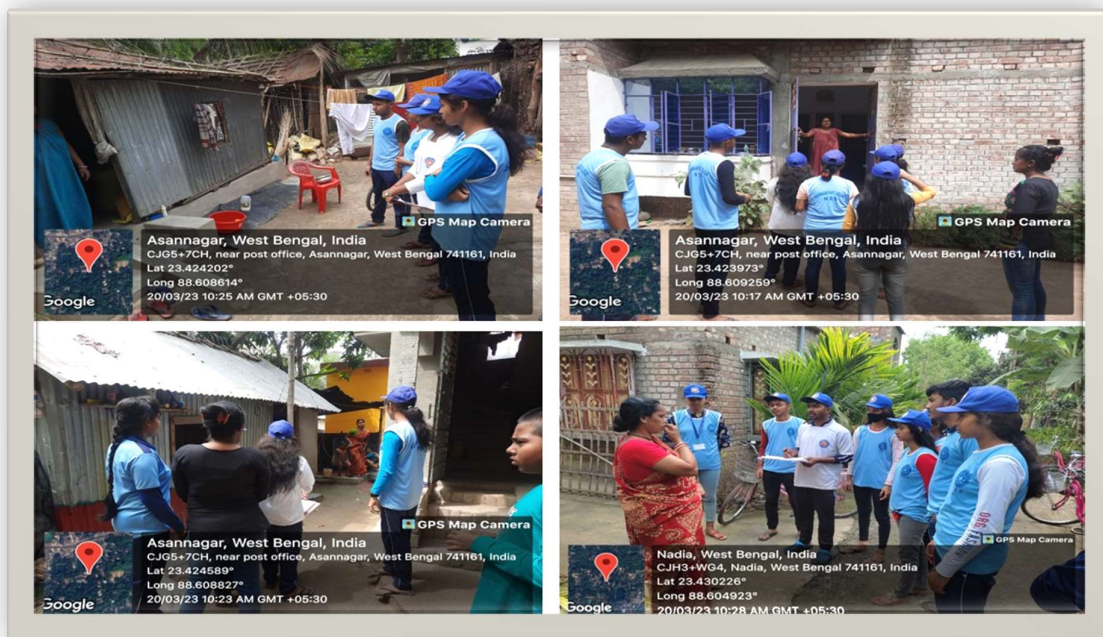
Glasses: Glasses were given to the needy patients after being properly refracted by the optometrist. After finishing the screening camp for cataracts, the Programme Officer of NSS Unit gathered all the volunteers for an Orientation session from 3:00 P.M. – 4:00 P.M. In the session, the Programme Officer explained the volunteers about the importance of NSS camp, role of volunteers, schedule of the camp and the tasks that the volunteers must carry out. They also informed the volunteers about the rules and duties to be followed in the camp, dress code, and other essentials required for the camp. Senior volunteers came to share their experiences with the current volunteers and informed them how to behave in the camp. Also, the volunteers were divided into groups for different task forces in the camp.



Free Eye Screening Camp

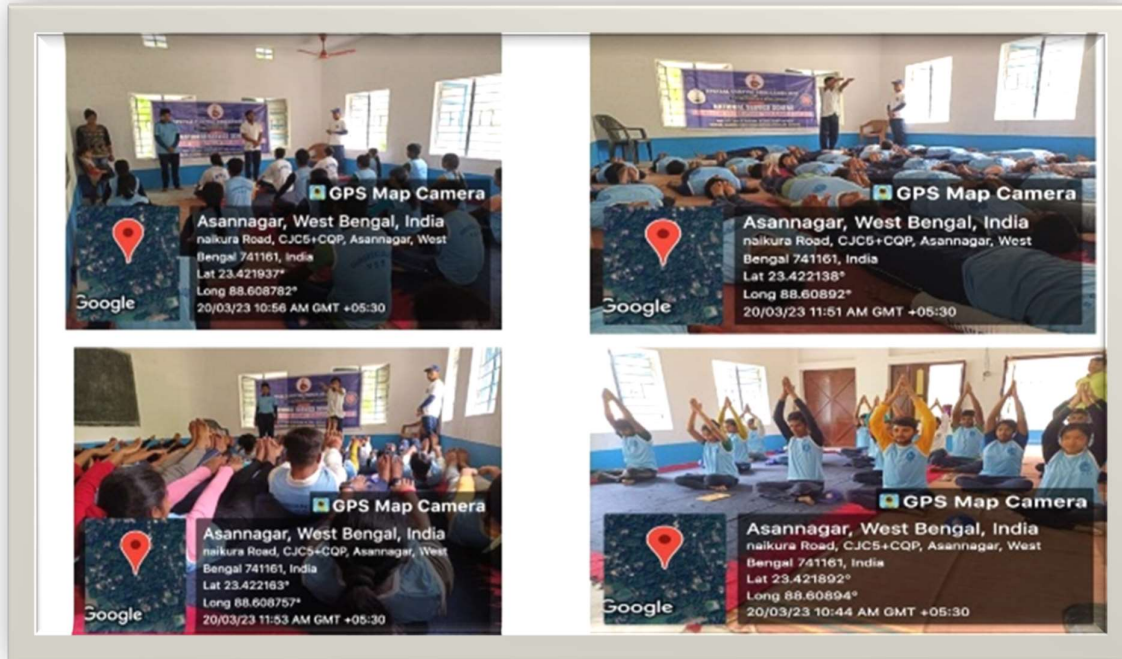
Day- 3 (20.03.2023):

After reaching the camp side, the Volunteers were split into five groups and they started doing a village survey to collect details from villagers about the Literacy of the family members in house, livestock details and common health issues in their family. Volunteers collected total 50 data form different house of the village.



Village Survey

After village survey, the next programme is Yoga session by the NSS volunteers. The whole programme was conducted Sri Uttam Kr. Barman, SACT. Dept. of Physical Education of Asannagar MMT College and Smt. Ridhi Dhara, a student of 6th semester and ex-NSS Volunteers (Vice-Captain/2021-22).



Yoga Session

Thalassemia is an incurable disease. Only awareness may help us to protect ourselves from this curse of society. The Programme has been organized into two segments: One is Awareness Camp on Thalassemia the other is the Thalassemia Detection Camp organized by NSS Unit, Asannagar MMT College in association with the Thalassemia Control Unit of Nadia and Indian Red Cross Society, Krishnagar Branch on 20.03.2023 held at Khulnapara Primary School, Time: 12:30 pm. A total of 50 participants (15 volunteers and 35 villagers).

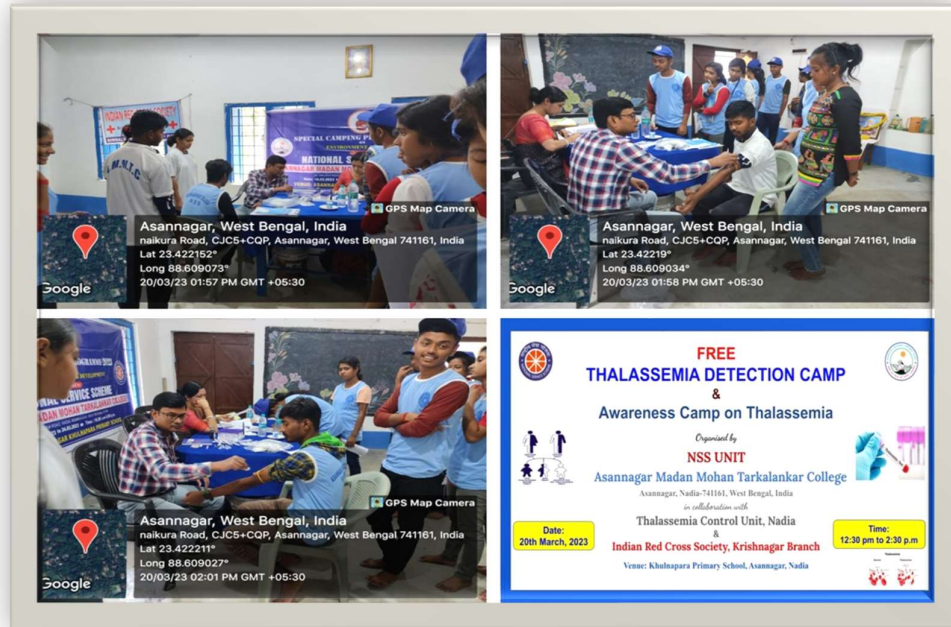
Mission for the Awareness Camp:

- ❖ To make people aware of Thalassemia.
- ❖ To increase life expectancy and enhance the quality of life for those impacted by Thalassemia.
- ❖ To make a positive contribution to the world of Thalassemic by arranging regular blood transfusions and aggressive management of chronic iron overload.
- ❖ To eradicate Thalassemia from the society.

Outcome of NSS Thalassemia Detection Camp:

All Students of the College got Awareness about thalassemia Check-up. They got to know the symptoms and side effects. This unusual benefit of thalassemia is a simple consequence of the body's response to the reduction in hemoglobin in the blood. Their body produces more cells to compensate, which then offers a protective effect against another disease that is also prevalent in the same region. Given the significant

impact of malaria, particularly on the global mortality of children, this benefit of thalassemia is notable. Up to two million deaths occur every year in Africa and Asia due to malaria and, in many of these regions, genetic mutations have risen, offering a form of protection. The potentially beneficial effect of other types of thalassemia, such as beta-thalassemia, has not yet been established. However, it is possible that there are similar protective effects against malaria in other types of thalassemia.



Thalassemia Detection Camp-2022-23

Day- 4 (21.03.2023):

Day 4 at 10:00 am started with the cleaning of Asannagar Govt. Village Hospital premises by the NSS volunteers to create awareness about cleanness and 'Swachh' related activities.



'Swachh Bharat Mission' (Hospital Cleaning)

Day- 5 (22.03.2023):

Day- 6 (23.03.2023):

Day- 6 (24.03.2023):