

UTTAM KUMAR BARMAN

State Aided College Teacher (SACT-I)
Department of Physical Education
Asannagar MMT College
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PERSONAL INFORMATION

Father's Name : Lakshmi Kanta Barman
Date of birth : 30th September, 1998
Gender : Male
Nationality : Indian
Religion : Hindu
Category : SC
Marital Status : Married
Blood Group : AB+
Language Known : i) Bengali, ii) Hindi, iii) English

Present Address : Kalyani Ghoshpara 3no ward, P.S – Kalyani, Dist – Nadia, Pin No.-
741235, WB
Permanent Address: VILL + P.O. - Bakcha, P.S. – Moyna, DIST – Purba Medinipur, PIN –
721642, WB

Date of Joining: 16th August 2018

ACADEMIC QUALIFICATION:

- ❖ **Master of Physical Education (M.P.ED)** completed from Dept. of Physical Education, Univrsity of Kalyani, W.B. India in 2016.
- ❖ **Post Graduate Diploma in Yoga Education (PGDYE)** completed from Ramakrishna Mission Shikshanamandir, Under Calcutta university, India in 2018

Area of Specialization in P.G. Level

- Yoga Education
 - Volleyball
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Achievements:-

- Qualify the Federation State Technical Official Examination (**FSTO**) on Athletics in 24th sep 2023, under Athletics Federation of India.
 - Qualify the National Eligibility Test (**NET**) Examination on Physical Education in December 2019, under UGC
 - Qualify the State Eligibility Test (**SET**) Examination on Physical Education in December 2015, under WBCSC
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- **Computer Knowledge** : Certificate Course in Desktop Publishing (**DTP**)
 - **BRATACHARY** Certificate Course in Bratachari level –‘A’ From “Banglar Bratachari Samiti” .
 - National Service Scheme (**NSS**).
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SEMINARS

TOPIC : INDIAN SPORTING CULTURE AND PHYSICAL EXERCISE: CHALLENGES & OPPORTUNITIES (dated- 29th August2023) at Dept. of Physical Education & IQAC, Asannagar MMT College in collaboration with Plassey College.

An International Seminar On “TRENDS, ISSUES AND DEVELOPMENT IN PHYSICAL EDUCATION & SPORTS SCIENCE” (Paper Presentation) - TOPIC: “A comparative study on selected fitness components of rural and metropolitan school boys of West Bengal” at Sree Chaitanya Mahavidyalaya, Habra.(dated- 20th September 2019).

WEBINARS

❖ **International**

TOPIC: “PHYSICAL TRAINING AND REHABILITATION” (dated – 4th Novembar 2020) – Dept. of Physical Education, Mangalore University.

TOPIC: “MENTAL HEALTH RELATED ISSUES” (dated- 26th September 2020) –CCSSS, Jadavpur University.

TOPIC : “IMPORTANCE & RELIVENCE OF STUDY OF MUSIC & PHYSICAL EDUCATION IN PRIMARY TO HIGHER EDUCATION IN THE NEW NORMAL SITUATION” (dated- 23rd September 2020) Dept. of Music & Physical Education and IQAC, Udayanapur Madhabilata Mahavidyalaya.

TOPIC: “ADHUNIK BANGALA KOBITAY MOHAMARI” (21th August 2020) - Dept. of Bengali & IQAC, Asannagar MMT College.

TOPIC: “SUSTENABLE DEVELOPMENT IN THE INDIAN SUBCONTINENENT” (dated- 12&13th August 2020)- Dept. of Geography & IQAC, Asannagar MMT College.

TOPIC: “COVID -19 PANDEMIC: LIFESTYLE AND NUTRITION ISSUES” (dated- 28th July 2020) - Library Committee & NSS Unit, Asannagar MMT College.

TOPIC: “ENVIRONMENT AND CLIMATE CHANGE” (28th July 2020)- Nabadwip Vidyasagar College.

❖ **National Level**

TOPIC: “THE DISEASED BODY IN ART AND LITERATURE” (dated- 30th July 2020)- Dept. of English & IQAC, Asannagar MMT College

TOPIC: “IMPACT OF COVID- 19 : PERSPECTIVE ON MENTAL HEALTH AND EDUCATIONAL ACROSS THE COLLEGE”. (dated- 28th July 2020)- Karimpur Pannadevi College.

TOPIC: “DIGITAL TRANSFORMATION IN HIGHER EDUCATION” (dated- 17th July 2020)- Asannagar MMT College

TOPIC: “PHYSICAL ACTIVITY AND YOGA AS A DEFENCE MECHANISM FOR COVID-19” (dated- 11th July 2020)

TOPIC: “RELEVANCE OF DHARMASTRAS TO MODERNLEGAL SYSTEM OF INDIA” (dated- 30th June 2020)- Dept. of Sanskrit, Asannagar MMT College

TOPIC : “THE DILEMMA OF INDIA’S FOREIGN POLICY IN THE CONTEXT OF COVID 19: HISTORICAL PERSPECTIVEES”(dated- 26th June 2020) – Asannagar MMT College.

TOPIC: “IMPROVING PHYSICAL ABILITIES TO COMBAT DISEAES” (dated- 19 & 20th June 2020)- Dept. of Physical Education, Asannagar MMT College

❖ **STATE LEVEL:**

TOPIC : “KEBOL NOY SHIKKHOK DIBOSEI-/ NITYODINA AMARA TOMAR CHORON CHHNUYE JAI” (dated 5th September 2020) – Asannagar MMT College.

TOPIC: “ACADEMIC AND ADMINISTRATIVE RESPONSIBILITIES OF COLLEGE TEACHER IN WEST BENGAL” (dated- 16 august 2020)- Nabadwip Vidyasagar College.

TOPIC: “GENDER ISSUES: PAST AND PRESENT” (dated -26 August 2020) – Asannagar MMT College
